

# May, 2021

# W.E.L.L. EVENTS



## Woman on Weights –ZOOM



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Stair challenge 3 flights this month! 	4 May the Fourth be with you!  Star Wars Trivia	5 WORD SEARCH 	6 Mother's Day Giveaway  Free teacup & saucer all day in H.R. for the first 50 employees!!	7 Last day to turn in Movement Challenge Cards	8
9 	10 NEW EMPLOYEE ORIENTATION TODAY..... WELCOME NEW HIRES TO WASHINGTON COUNTY!!	11 Woman on weights via ZOOM Contact Marissa @ 724-250-6209 or mwatson@whs.org for zoom link	12 WORD SEARCH Girls Names 	13 SAFETY MEETING @ 10:00 AM VIA ZOOM	14  Donate a \$1 and show your team spirit, wear your baseball jersey (Collected in Human Resources)	15
16 	17 	18 County Holiday 	19 WORD SEARCH Disney Princesses 	20 National Rescue Dog Day  Send us a pic of a dog you rescued	21  Time for a blood pressure check! Human Resources 2pm-3pm	22
23 	24 EAP online Seminar for the month: Addressing Anxiety in an uncertain world	25 WELLNESS AMBASSADOR MEETING @ 11:00 VIA ZOOM	26 WORD SEARCH Flowers 	27 "THUMBS UP THURSDAY" 	28  Donate your \$1 in the Jersey Jar located in H.R.	29
30 	31 					

**WEBSITE:**

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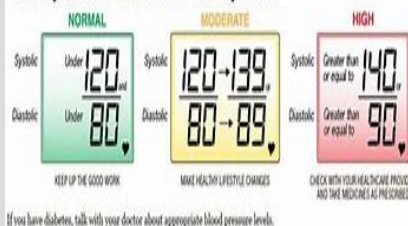
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LEGAL & FINANCIAL CONSULTATIONS:

1-877-337-9553

COUNSELING TOLL-FREE: 1-800-EAP-LINK

**Know your numbers and what they mean**



**COMING UP IN JUNE....**

National Men's Health

National Safety

June 14-Flag Day

June 20<sup>th</sup>-Father's Day

